Do You Know About Onions?
Worksheet

Name: ____________________________________________________________

How long have people been using onions? ____________________________________________________

Onions are the ______ most consumed fresh vegetable in the United States.

About how many states grow onions? ______________________________________________________

How many acres of onions are planted in the U.S. each year? __________________________________

What groups are onions divided into? ______________________________________________________

Onions come in what colors? ______________________________________________________________

The average American eats how many pounds of onions a year? ________________________________

The nutrients in onions are: ________________________________________________________________

Onions contain no: ______________________________________________________________________

What do antioxidants do? _________________________________________________________________

Onions Have Layers – Series
Provided by the National Onion Association
www.onions-usa.org
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__________________________ in onions make you cry.

Onions are related to: ________________________________________

You can get onions in the store ________________________________________

Onions taste _______________________________________________________

What should you eat to get rid of onion breath? __________________________

Name one thing to look for when buying onions: __________________________

Onions should be stored: _____________________________________________

Cut onions should be stored: __________________________________________

To keep onions from making you cry, they should be ________________ and ________________.

**Extra Credit:** Shrek says “Ogres are like ________________, they have layers.”

**Extra Credit:** In the famous story, ________________________________,
the Seven-of-Spades was threatened to be beheaded for bringing the cook tulip-roots instead of onions.