Do You Know About Onions? 
Worksheet Answers

How long have people been using onions? ___(5000yrs.)_________________
Onions are the _(3rd)_ most consumed fresh vegetable in the United States.
About how many states grow onions? ___(20)___
How many acres of onions are planted in the U.S. each year? ___(145,000)___
What groups are onions divided into? _(Fresh and Storage)________________
Onions come in what colors? _(Yellow, Red, White)____________________
The average American eats how many pounds of onions a year? ___(About 20)___
The nutrients in onions are: _(Vitamins, water, minerals, carbohydrates, and protein)___
Onions contain no: ___(Fat)___________
What do antioxidants do? _____(Prevent cell damage)____________________
______(Sulfuric compounds)__________ in onions make you cry.
Onions are related to: _____(Garlic, Leeks, Bunching onions and Chives)_______
You can get onions in the store ___(All year)___________________________
Onions taste _____(Sweet and tangy to rich and pungent)____________________
What should you eat to rid yourself of onion breath? ___(parsley)___
Name one thing to look for when buying onions: ( any of the following: dry outer skins, no spots or blemishes, heavy for size, no scent)________
Onions should be stored: _____(in a cool dry space with lots of air)_________
Cut onions should be stored: ___(in the refrigerator in a sealed container, 7 days)___
To keep onions from making you cry, they should be _____(chilled)________ and __ the root end cut last__ .

Extra Credit:  Shrek says “Ogres are like ___(Onions)_______, they have layers.”

Extra Credit:  In the famous story, _Alice’s Adventures in Wonderland_, the Seven-of-Spades was threatened to be beheaded for bringing the cook tulip-roots instead of onions.

Onions Have Layers – Series
Provided by the National Onion Association
www.onions-usa.org