

# Do You Know About Onions? Worksheet

Name: \_\_\_\_\_

How long have people been using onions? \_\_\_\_\_

Onions are the \_\_\_\_\_ most consumed fresh vegetable in the United States.

About how many states grow onions? \_\_\_\_\_

How many acres of onions are planted in the U.S. each year? \_\_\_\_\_

What groups are onions divided into? \_\_\_\_\_

Onions come in what colors? \_\_\_\_\_

The average American eats how many pounds of onions a year? \_\_\_\_\_

The nutrients in onions are: \_\_\_\_\_

Onions contain no: \_\_\_\_\_

What do antioxidants do? \_\_\_\_\_

\_\_\_\_\_ in onions make you cry.

Onions are related to: \_\_\_\_\_

You can get onions in the store \_\_\_\_\_

Onions taste \_\_\_\_\_

What should you eat to get rid of onion breath? \_\_\_\_\_

Name one thing to look for when buying onions: \_\_\_\_\_

Onions should be stored: \_\_\_\_\_

Cut onions should be stored: \_\_\_\_\_

To keep onions from making you cry, they should be \_\_\_\_\_ and \_\_\_\_\_.

**Extra Credit:** Shrek says “Ogres are like \_\_\_\_\_, they have layers.”

**Extra Credit:** In the famous story, \_\_\_\_\_,  
the Seven-of-Spades was threatened to be beheaded for bringing the cook tulip-roots instead of onions.